

# Vitality Pelvic Physio

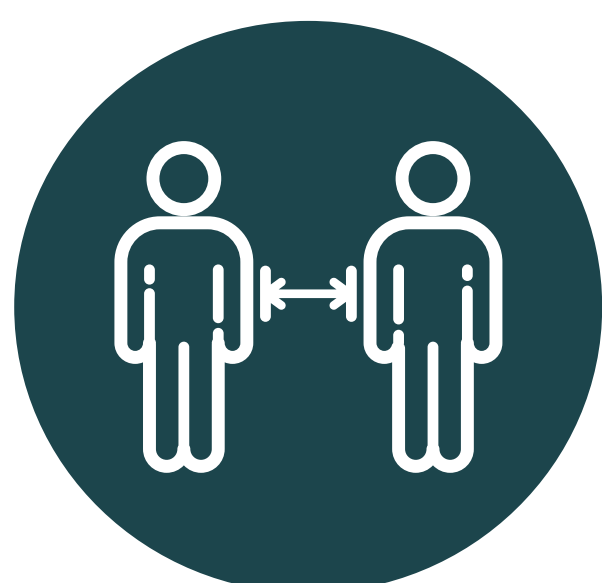
## COVID PROTOCOLS



### FIRST LEVEL PROTECTION:

#### ELIMINATION (changes to physical space and workflow)

- All employees are fully vaccinated
- Signage posted in the clinic to remind clients and staff about physical distancing and hand hygiene
  - Handwashing stations to be used upon entry to the clinic
  - Hand sanitizer available at reception and in treatment rooms
- All magazines, toys, beverage centre, pens/pencils have been removed from waiting area
- COVID-19 screening of clients to occur at least 2 hours prior to appointment via Jane App email
  - Staff to self screen and complete tracing document daily to confirm that they're not experiencing symptoms before starting their shifts



### SECOND LEVEL PROTECTION:

#### ENGINEERING CONTROLS

- Plexiglass installed in the reception area for client to administrator interactions
- Chairs in waiting area are measured and spaced 2m/6ft apart
- Due to the intimate nature of our physiotherapy treatment, we have private treatment rooms for each physiotherapist/client interaction



### THIRD LEVEL PROTECTION:

#### ADMINISTRATIVE CONTROLS

- Cleaning protocols for common touchpoints
- Disinfecting duties shared between administration and physiotherapist
- Bathroom has signage and disinfectant wipes for cleaning of common touch points after each use
- Cleaning protocol for any shared equipment between treatment rooms
- Physiotherapist to put equipment to be sanitized in a designated space
- Client visits are staggered with 15 minutes left between visits for disinfecting/sanitizing and to minimize potential client interactions in common areas



### FOURTH LEVEL PROTECTION:

#### PERSONAL PROTECTIVE EQUIPMENT (PPE)

- Should only be used in combination with measures above, not as a control measure on its own
- PPE (surgical masks, gloves, visors/face shields), cleanser, and hand sanitizer stocked for therapist use
- Masks required for all staff and clients at all times while in clinic